



beauty news, skin

## The Drugstore Products Top Dermatologists Use

Haven't you always been curious to peek into your dermatologist's medicine cabinet? Every time you visit, she has the best skin. It's glowing, it's blemish-free, and it has absolutely no wrinkles. She must be using thousands of dollars' worth of the fanciest serums and moisturizers known to man, right? Think again. We asked seven dermatologists to share the drugstore products they use all the time.

**Boots Botanics All Bright Cleansing Face Wipes.** "These are gently formulated but still have very mildly brightening alpha hydroxy acids. They are perfect for after the gym or on the plane to quickly refresh and clean your skin without the concerns of overdrying." —Annie Chiu, a dermatologist in New York City

**Maybelline New York Baby Skin Instant Pore Eraser Primer.** "This is a silicone-based primer that blurs pores and fine lines in a flash. I wear it alone or under makeup for a picture-perfect complexion." —Rebecca Tung, a dermatologist in La Grange Park, Illinois

**Neutrogena Ultra Sheer Dry-Touch Sunscreen Broad Spectrum SPF 85+.** "High-quality sun protection from a trusted brand is very important, especially during spring break with my kids." —Joshua Zeichner, an assistant professor in the dermatology department at Mount Sinai Medical Center in New York City

**Garnier Skin Renew Miracle Skin Perfector B.B. Cream.** "I find that this provides a dewy coverage, does not make me break out, and prevents oily breakthrough by midday." —Kavita Mariwalla, a dermatologist in Mount Islip, New York

**Aquaphor Healing Ointment.** "This provides an extra layer of protection, hydration, and healing compared to standard moisturizers." —Paul Jarrod Frank, a dermatologist in New York City

**Neutrogena Hydro Boost Gel-Cream.** "It's incredibly lightweight, and its main active ingredient is hyaluronic acid. It also contains an olive extract that is showing potential to help as an additional anti-ager." —Rachel Nazarian, a dermatologist in New York City

**CeraVe Facial Moisturizing Lotion PM.** "This is loaded with skin-barrier-repairing ceramides in a totally absorbable lightweight base that moisturizes without clogging or breaking out the skin. I use it by itself when I just need a little bit of moisture, or layer it with a heavy-duty night cream during dry winter months. The reasonable price point also means I can throw one in my purse to use on my neck, chest, and hands throughout the day." —Chiu

**Dove Deep Moisture Nourishing Body Wash.** "This is a product that feels great, smells great, won't dry or irritate sensitive types, and actually improves the condition of your skin. It creates a rich lather that replenishes your skin's nutrients while also leaving it feeling cared for and clean." —Karen Hammerman, a dermatologist in New York City

**La Roche-Posay Anthelios 50 Mineral Ultra Light Sunscreen Fluid for Face.** "This is hands down the best sunscreen for a person with supersensitive skin who loves being active outdoors. It's tinted to avoid the pasty look, fragrance-free, and water-resistant. It's also a nonchemical sunscreen—the active ingredient is titanium dioxide, which helps shield skin from both UVA and UVB rays." —Tung