



Dermatologists Swear By These Less Invasive Anti-Aging Treatments

The newest weapons in the fight against wrinkles.

by Adele Chapin May 25, 2017 • 2:02 PM ET

We slather on night cream and always observe #MaskMondays with [sheet masks](#), but what if it's not enough to ward off signs of premature aging? Take heart: there are so many advances in dermatology these days. We asked three top docs across the country to share the newest anti-aging procedures that their patients have been loving lately.

More than just microneedling. Beverly Hills dermatologist and cosmetic surgeon [Dr. Lisa Chipps](#) says a service called fractional radiofrequency microneedling has been on the rise in popularity in the last year or two. The combination doubles up on two technologies for collagen stimulation. "The tips of the needles deliver radiofrequency energy for tightening the skin," says Dr. Chipps. "This is putting that energy a little bit deeper. It's giving us more tightening and more improvement in wrinkles and acne scars."

Cutting edge laser treatments. Sun damage may have met its match in the new Enlighten III Pico Genesis Laser by Cutera, which New York cosmetic dermatologist [Dr. Paul Jarrod Frank](#) uses to treat melasma, pigmented scars, general skin rejuvenation, and even tattoo removal. "To take the innovation further, we designed and trademarked a 'PFrankMD Pigment Protocol' which combines the new Enlighten III Pico Genesis Laser treatment with a Clear + Brilliant Fraxel treatment so that in one session, the lasers attack pigment in every layer of the skin; more effectively treating all of the above pigment conditions," he says. Dr. Frank believes that this new laser is not only more effective in treating pigmentation than other devices, it also allows patients to have less redness and downtime.

Treatments that are HD-Approved. The technology that D.C. dermatologist Dr. Noëlle S. Sherber at [Sherber + Rad](#) is really excited about lately plays nicely with high definition TV, which is a real concern for her patients who are always on cable news. There's Vollure, the newest FDA-approved filler which just became available in the U.S. at the beginning of April (it's been available in Europe). "It is already very popular with my patients because it is soft and flexible which make it undetectable in person and on HD cameras," says Dr. Sherber. "While its FDA indication is for treatment of the nasolabial folds, I inject Vollure to bounce light off areas of shadowing in the lower face and to glaze over volume loss in the cheeks to give the look of being 'uplit,' as well." It also last longer than many fillers and is produced with a new generation of Vycross technology which causes less post-procedural swelling — so patients can get back to work quickly.

Noticing a pattern? The next generation of anti-aging procedures fit right into patients' busy lives, while turning back the clock on their skin.