

## Could Your Wellness Routine Be Ruining Your Skin?



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If you're not convinced peels or lasers are allies to your skin barrier and skin tightening is more of a concern than pigment issues, try radio frequency and ultrasound technology which bypasses skin's surface and targets the underlying dermal layer. NYC Cosmetic Dermatologist Dr. Paul Jarrod Frank, founder of PFRANKMD offers the Exilis Ultra to his eternally youthful clientele for this purpose. Says Dr. Frank,

“Monopolar radiofrequency energy and ultrasound, heats up the skin's natural collagen building mechanisms to tighten skin and give a more youthful texture and appearance. The technology works to improve your skin's collagen supply, permeating through to the deepest levels under the surface so as to treat your skin from the root. In the past, the two competing technologies in the skin tightening arena were radio-frequency and ultrasound.

Ultrasound goes deeper for tissue remodeling and also enhances the effect of the radio-frequency synergistically. It is the only device that uses both forms of energy simultaneously.