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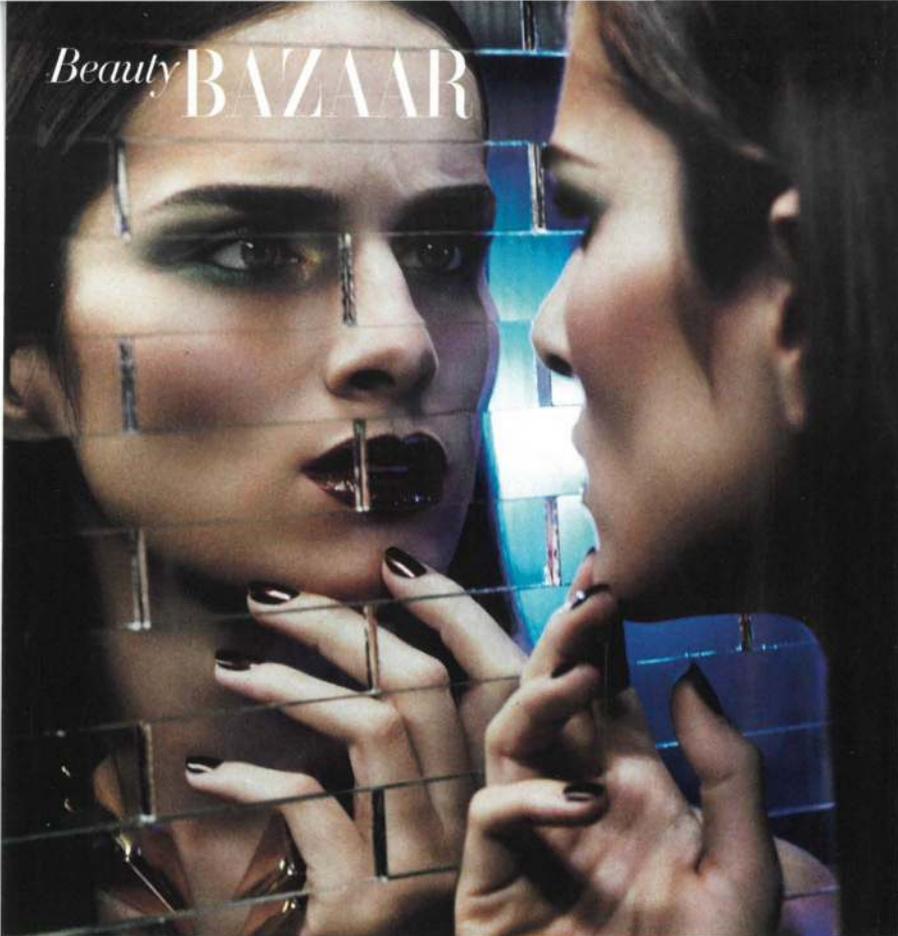
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LIFE CHANGING PRODUCTS

It's our job to test all that the beauty market has to offer, and along the way we've discovered products and procedures that deliver extraordinary results. Read on for 14 wonders you shouldn't live without.

By Anne-Marie Guarnieri

MAKEUP MUST-HAVES



Sally Hansen
Miracle Gel Color
in Frill Seeker
and Can't
Beet Royalty,
\$9.99 each

SALLY HANSEN MIRACLE GEL COLOR: This nail polish stays chip-free and shinier longer than any regular one on the market. Sure, salon gels last forever, but they can wreck your nails and the removal process is a hassle. The formula behaves like a traditional gel—it's glossy and it dries quickly—but is applied and comes off like regular polish, and leaves your nails healthy and strong.



AmorePacifica
Color Control
Cushion Compact
SPF 50+, \$60

AMOREPACIFICA COLOR CONTROL CUSHION COMPACT SPF 50+: You know you've found the right foundation when both co-workers and strangers stop to tell you that your skin looks amazing. This lightweight yet long-wearing formula works on all skin types and comes with an antibacterial sponge. Pat it on, and watch large pores, uneven skin tone, redness, and discoloration disappear in a flash.



Beautyblender
Original cosmetic
sponge, \$20

BEAUTYBLENDER: This little egg-shaped sponge is hands down the best tool for applying foundation expertly. The key is to bounce—not swipe—it over your face. Dampen before using, dip it into your makeup, then bounce it (yes, really) along your skin for goofproof results every time. The wider end helps you cover larger real estate (forehead, cheeks, chin), and the pointy side is for precision (creases around the nose). Allow the sponge to air-dry fully between uses.

RMS BEAUTY "UN" COVER-UP: A sheer concealer sounds like an oxymoron, but trust us, in this case it's genius at covering spots and dark circles without behaving like a mask. It won't settle into fine lines or creases; instead your skin will just look luminous. Apply with your fingers or a brush.



RMS Beauty
"Un" Cover-Up,
\$36 each

HAIR SAVIORS

VIVISCAL: If you want thicker, longer hair, this drug-free supplement is your best bet. Take two tablets a day, and in about three to six months you should see new regrowth—just like A-list devotees Gwyneth Paltrow and Reese Witherspoon (and countless supermodels). It's made with shark cartilage, a protein that studies indicate prevents further hair loss. It also contains zinc and biotin, both of which are crucial to hair growth.



Viviscal
Extra Strength
hair growth
supplement,
\$49.99 for 60

COLOR WOW ROOT COVER UP: Gray roots, goodbye! This highly pigmented mineral powder hides them completely, with no color transfer or buildup. Brush it over the starkest grays or darkest regrowth, and unlike root sprays or markers, which can look flat or transparent, it stays put until you shampoo it out—even after the sweatiest Spinning class.



Color Wow Root
Cover Up, \$34.50

BEACHWAVER PRO: Tousled, perfectly imperfect curls are the look many of us want, and this rotating curling wand does the styling work for you. Unlike ➤

a conventional iron, you position it upright, clamp a section of hair to the barrel, choose “left” or “right” (depending on which side you’re curling), hit “go,” hold for a few seconds, then release for a head of salon-worthy hair in roughly 10 minutes. “Every woman can use it,” says its inventor, celebrity hairstylist Sarah Potempa. “It gives incredible results without needing a hairdresser.”



Beachwaver Pro curling iron, \$199

SKIN WONDERS

GLAMGLOW SUPERMUD CLEARING TREATMENT: Sheet masks get all the attention these days, but we love this fast-drying, pimple-fighting clay mask, which contains a cocktail of acids, including salicylic, lactic, and glycolic, because it reduces blemishes and makes pores look smaller—in as little as five minutes. Use it all over your face or as a spot treatment.



GlamGlow SuperMud Clearing Treatment, \$69

RESURFACE BY SHANI DARDEN RETINOL REFORM: With zero redness, dryness, or flaking, this is the side-effect-free retinol your skin has been clamoring for. Celebrities started telling us that this retinol-lactic acid skin-smoothing lotion was a can’t-miss part of their skin-care regimen, so we had to try it for ourselves. Darden, a Los Angeles aesthetician whose clients include January Jones and Rosie Huntington-Whiteley, created it to treat acne and erase wrinkles. “You can see a difference in your skin within a week,” she says. It works.



Resurface by Shani Darden Retinol Reform, \$95

ST. TROPEZ GRADUAL TAN IN SHOWER LOTION: This is the self-tanner for people who hate self-tanner. Apply it in the shower, wait three minutes, and rinse off—you don’t need to worry about being a perfectionist, and there’s no chemical-y scent. “After that you can swim, go to the gym, or even try on a wedding dress without any problems,” promises Sophie Evans, St. Tropez’s skin-finishing expert. Within hours you’ll develop a soft glow. Reapply every other day to build a deeper tan.



St. Tropez Gradual Tan In Shower Lotion, \$25

LIFE-CHANGING PROCEDURES

CLEAR + BRILLIANT LASER:

What’s not to love about a laser treatment with no pain or downtime? It treats sun damage, large pores, and dark spots. “You could be 25 or 60—it addresses the full spectrum of patients,” says Paul Jarrod Frank, a New York dermatologist.

LIQUID FACE-LIFT: A combination of Botox and hyaluronic acid fillers can give you impressive results—without the cost and recovery that comes with going under the knife. Fillers, such as Voluma, Juvéderm, or Restylane, restore the volume loss that occurs over time, while Botox erases facial lines.

INFRARED SAUNAS: Sweating your way to weight loss, deeper sleep, and lower stress sounds too good to be true. Yet regular

visits to an infrared sauna have been shown to improve all of these areas. “The sweating is more profuse than a traditional sauna, which enables your body to excrete a higher percentage of toxins,” says Frank Lipman, an integrative physician in New York.

VITAMIN IVs: Supplement-rich IV infusions (think amino acids, B vitamins, glutathione) have become increasingly popular because they deliver feel-good results, and fast. “We use IVs preventatively for jet lag, low energy, skin hydration, to boost your immune system, and for hangovers,” says New York internist Erika Schwartz. “Every cell in your body responds by absorbing the ingredients, and over time you’ll need fewer supplements in your diet.” ■