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S U M M E R

BEAUTY AT EVERY AGE

Your go-to guide for beating the heat in every decade. By Jessica Prince

NO-PAIN HAIR REMOVAL

Ask your doctor about the LightSheer Desire laser, a new hair-zapping tool that promises permanent hair reduction on all skin tones in four to six treatments.

Larger laser-spot sizes equal shorter sessions (10 minutes or less), and "vacuum technology reduces the amount of laser energy required," which means less discomfort, says Paul Jarrod Frank, a New York dermatologist.

Cost: \$350-\$750 per session.



Prolong your color for up to a week with Jergens Natural Glow Tan Extender Daily Moisturizer (\$8.99).



SUPER SPF

Water has always been sunscreen's worst enemy, diluting its potency and exposing you to harmful rays—until

now. Shiseido introduces WetForce Ultimate Sun Protection Lotion SPF 50+ (\$40), which claims to boost UV protection with a water-repellent shield that forms on your skin when negative ions in the formula bond with the positive ions in the water.

THE SAFEST TAN

The simplest way to avoid sun damage and still glow is with self-tanner. Use an exfoliating scrub to slough off dry skin and create a smooth surface, then spritz Hampton Sun's mist all over. It sprays on clear and turns skin golden in hours. Plus, it actually smells good. ▶

Hampton Sun Sunless Tanning Mist, \$36



Merle Norman Pink Grapefruit Sugar Scrub, \$22.50

BEST BODY

Get your beach physique ready with these essentials



D.I.Y. FAT DESTROYER

If you're among the 90 percent of women who are plagued with cellulite, consider Dr. Brandt Cellusculpt Body Shaper & Cellulite Smoothing Cream (\$59). The stainless steel roller-ball applicator cools skin on contact, and when used twice daily it smooths lumps by "preventing the formation of fat deposits and strengthening collagen to stop dimpling," claims dermatologist Fredric Brandt. Look for results after four weeks.