

MODERN LUXURY

MANHATTAN

BEST OF NYC

THE PREMIER
PLACES TO EAT,
DRINK, RESIDE,
BEAUTIFY
AND HAVE FUN



ETHAN HAWKE

The *Boyhood* Star and Golden
Globe Nominee on Taking the
Road Less Traveled

MANHATTAN 261 MADISON AVE. 3RD FLOOR, NEW YORK, NY 10016

MODERNLUXURY.COM



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*THE BEST
OF THE CITY*

TOP FIVE: SKIN DOCTORS

1

DR. DAVID COLBERT The celebrity dermatologist debuted a new product line, Colbert MD, that's infused with his patented QuSome technology that repairs skin's clarity (from \$64). *New York Dermatology Group, 119 Fifth Ave., colbertmd.com*

2

DR. DENDY ENGELMAN Engelman, who uses SkinCeuticals' flagship as her office (she also has a practice in Hampton Bays), can "air brush" away fine lines through filler injections (from \$1,100). *Manhattan Dermatology & Cosmetic Surgery at the SkinCeuticals flagship, 820 Second Ave.; 223 West Montauk Highway, Montauk, mdcsnyc.com*

3

DR. PAUL JARROD FRANK The dermatologist, an excess fat treatment expert, created the UltraTight procedure (\$5,000) to help tighten and lift neck skin. *The Fifth Avenue Dermatology Surgery and Laser Center, 1049 Fifth Ave., pfrankmd.com*

4

DR. GERVAISE GERSTNER The laser expert's Clear + Brilliant treatment (from \$500) leaves skin glowing with a smooth texture and minimized pores without surgery or downtime. *730 Park Ave., gerstnermd.com*

5

DR. STEVEN PEARLMAN The facial plastic surgeon's Wow Cheeks 10-minute procedure (from \$750) helps restore youthful cheeks, and results last two full years. *521 Park Ave., mdface.com*



SOMETHING TO SMILE ABOUT Dr. Dendy Engelman uses filler injections to minimize fine lines.



PEACE OFFERING The sunlit lounge at Park Hyatt New York's Spa Nalai is an enchanting escape from the city it overlooks.

Best New Spa

Perched on the 25th floor of the new **Park Hyatt New York, Spa Nalai** is the city's latest luxury respite. Serenity is the keyword here—it is, after all, the meaning of *nalai* in the language of Manhattan's original Native American tribe—spreading across 13,000-square-feet of sun-drenched space infused with a palette of gray and taupe. A three-story aerie boasts a steam room, hot tub and an indoor swimming pool with underwater speakers playing classical music from Carnegie Hall, while six spa suites (four with private terraces) feature floor-to-ceiling city vistas. Here, ancient healing therapies complemented by 21st century technologies are offered, including *Earthing* (\$399), which uses the planet's energy by grounding the body on its natural surfaces, in this case via a sand quartz bed, the first of its kind in NYC, and an herbal poultice massage. *153 W. 57th St., parkhyattnewyork.com* —SK

Best Dentists



Pearly (and healthy) whites aren't far off in the hands of the paramount dentists in the city. **Dr. Steven Butensky** (16 E. 52nd St., aesthetic-dentist.com) specializes in natural-looking veneers made of porcelain laminate that achieve a beautiful smile with minimum tooth reduction and a reduced chance of nerve or tissue damage (\$1,200). For those needing a little more,

Dr. Michael Apa's (30 E. 76th St., rosenthalapagr.com) Facial Aesthetic Design, Smile Makeover (FAD) creates

symmetry of the entire face by re-contouring the smile using porcelain veneers. He's transformed features like a crooked nose or deviated chin by hand-sculpting a perfect smile (\$25,000). —TC

A FINE BALANCE Cosmetic dentist Dr. Michael Apa creates facial symmetry and a recontoured smile via porcelain veneers.