

# ESNOB ESSENTIALS

## Scalp Botox and More Uses for Botox You Probably Didn't Know



I'll make a long story short and say that a few months ago I had a cut on my body that wasn't healing. Nothing worked. Finally I was given a bit of Botox, and lo and behold, the small cut was healed. With that I learned that Botox has a number of uses unrelated to making wrinkles disappear. Migraines? Sweating problems? It can even be used **to prolong blowouts**. Keep reading! I turned to cosmetic dermatologist **Dr. Paul Jarrod Frank** and here he breaks down just how versatile Botox really is.

**Sweating:** Now FDA-approved, this procedure has become one of the safest and most effective standards of care for excessive perspiration, and for those who are sensitive to deodorants and antiperspirants. Botox treats this condition by safely stunning overactive sweat glands in the underarms, hands, feet and scalp. Performed with topical anesthesia, Botox is generally side effect-free and results of this procedure last about four to six months.

**Temporomandibular disorders (TMD):** TMD is most often seen in persons who grind their teeth. The disorder can cause soreness in the jaw and wear down the teeth. In addition to the discomfort, those who suffer from TMD may notice an increased jaw size due to the constant use of the muscles in the lower face. Botox injections are a muscle relaxer, effectively stopping the constant grinding. Once the muscles are relaxed, the jaw eventually goes down in size. Botox can also be used to reduce jaw size in patients who do not suffer from TMD. Results last four to six months.

**Severe migraines:** Botox can be injected into the temples to treat painful migraines. It relaxes the muscles around the head to relieve some of the pain from migraines, but I believe an effect of the nerves has something to do with it as well. Results last four to six months.