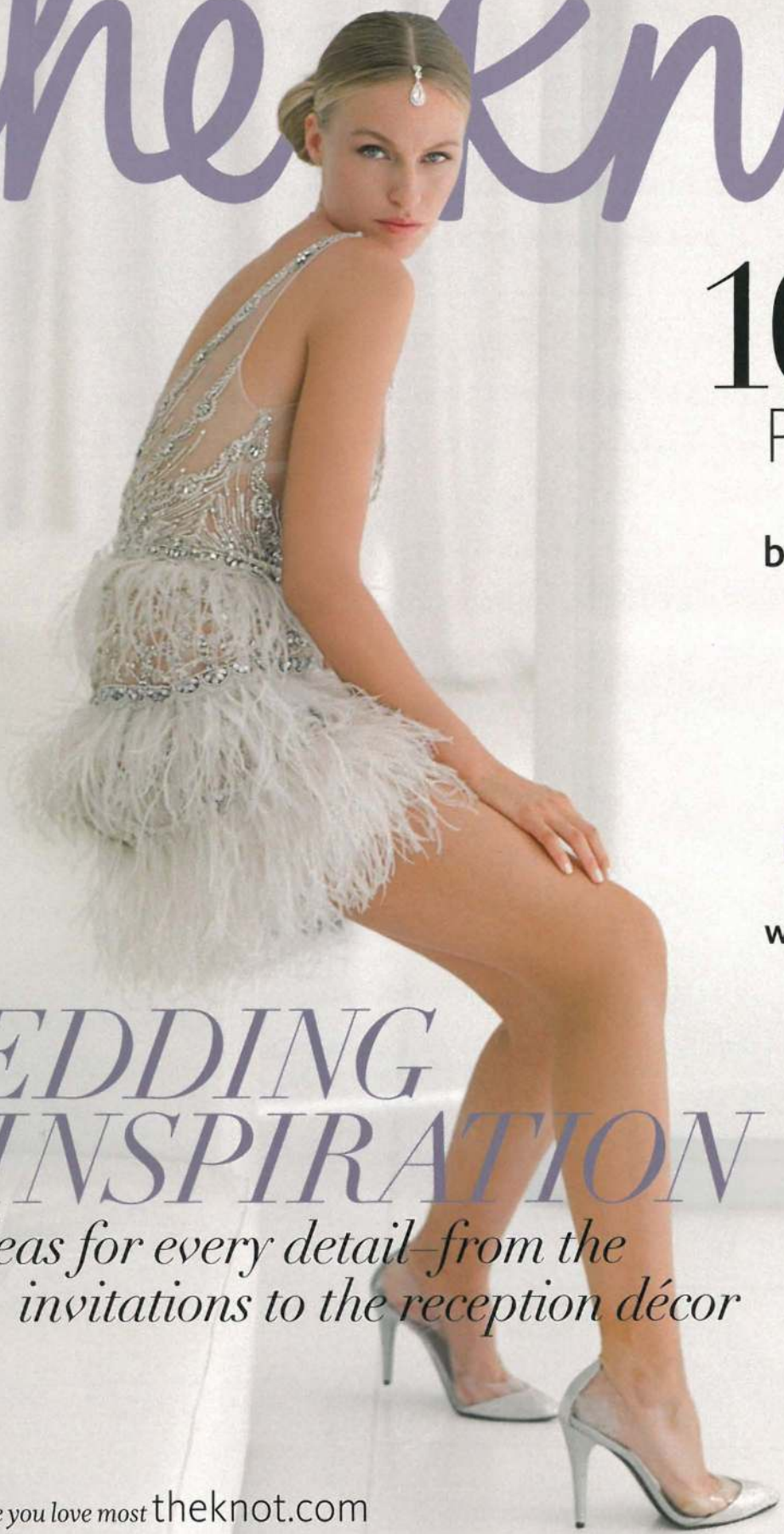


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# the abc's of beauty

Ace your face with a crash course in antiaging treatments, beauty balms and color control creams. BY JENNIE MA (@MA\_JENNIE)

a

"Antiaging creams target wrinkles, laxity and discoloration. Look for ones rich in antioxidants, retinol or vitamins C and E."

—Macrene Alexiades-Armenakas, MD, PhD



**la roche-posay redermic [r] intensive anti-aging dermatological corrector**

Plump and firm up your skin with a dose of retinol. \$56, Amazon.com



**perfectionist [cp+r] wrinkle lifting/firming serum**

You'll notice the effects of this high-tech cream the instant you put it on. \$65, EsteeLauder.com



**truth serum collagen booster**

Serums are extra-potent, and this little bottle is loaded with vitamin C and rich antioxidants to nourish your skin. \$48, OleHenriksen.com

b

"The advantage of beauty balms is that they're a makeup, cosmeceutical and sunscreen all in one—simplifying your skincare regimen."

—Paul Jarrod Frank, MD



**dr. jart water fuse beauty balm**

Applying this is like giving your skin a glass of water. Bonus: It minimizes imperfections. \$34, Sephora.com



Double-duty BB cream and illuminator!

**stila stay all day 10-in-1 hd illuminating beauty balm**

What we really love about this one is that it has just a hint of sparkle so you look dewy. \$38, Sephora.com



**age perfect bb cream instant radiance**

It fights wrinkles and provides the perfect amount of tinted coverage. \$17, LOrealParis.com

c

"Color control creams are lighter in texture but provide more coverage than BB creams. Other pluses: They color-correct and also offer sun protection."

—Debra Jaliman, MD



**stem cellular repair cc cream**

Your skin will drink up all the organic skin-strengthening ingredients in this cream. \$39, JuiceBeauty.com



**total effects tone correcting cc cream**

Within this spiral pump, you'll get flawless coverage and long-term color correction. \$22, Olay.com



**mineral color control cream**

Made of mineral ingredients, this cream is gentle enough for even super-sensitive skin. \$39, RachelKCosmetics.com