

AS MORE OF US CHOOSE  
THE NEEDLE  
OVER THE SCALPEL,  
INJECTABLE "FILLERS"  
ARE RESHAPING  
FACES AS WELL AS IDEAS ABOUT  
BEAUTY  
AT EVERY AGE.

# SPEAKING VOLUME

BY JANET CARLSON

- **Silicone:** Purified injectable oils that stimulate the body to form collagen, creating volume. "It's the softest, most natural filler I've ever worked with," says Dr. Frank.
- **Fillers:** If you don't like the way you look with your new cheeks or smooth under eyes, says dermatologist Paul Jarrod Frank, of New York, "I can inject an enzyme and it's gone within six to twenty-four hours."
- Unlike a face-lift, which for many is a once-in-a-lifetime experience, injectables tend to become routine. "Doing fillers today is like getting your hair colored or teeth cleaned," says Dr. Frank. "When I was a kid, having a health-club membership was for rich people. Now everyone belongs to a gym. That's the way fillers are going.
- **How to choose a doctor:** When you decide to go ahead, if you're still a tad fearful, don't worry; that's normal. Start small, advises Dr. Frank: "Do just a little thing, and see how you like it."