

# MANHATTAN

FEATURING GOTHAM  
MAGAZINE INSIDE

## THE LUXE LIST

NYC's Best  
Bets for  
Health, Style,  
Fitness,  
Design  
& More!

### BEST COSMETIC DERMATOLOGY

#### PRACTICE Dr. Paul

**J. Frank** (1049 Fifth Ave.,  
[pfrankmd.com](http://pfrankmd.com)) Specializing  
in the latest technology for  
face and body rejuvenation as  
well as fat removal, Dr. Frank's  
minimally invasive techniques  
are renowned throughout  
New York, and his therapeutic  
skincare line PFRANKMD  
cleanses, protects and treats any  
skin type.

### BEST NONINVASIVE PROCEDURE EmSculpt at

**PFRANKMD** (1049 Fifth Ave.,  
[pfrankmd.com](http://pfrankmd.com)) Dr. Paul Frank's  
EmSculpt body contouring  
device allows clients to burn fat  
and build muscle in trouble areas  
by sending electromagnetic  
energy that stimulates thousands  
of muscle contractions.

THE

# LUXE LIST

MANHATTAN COMPILED THE VERY BEST IN LUXURY THAT NYC HAS TO  
OFFER. CONSIDER THIS YOUR GUIDE TO THE BEST IN THE BUSINESS.

## Aesthetics & Wellness

The sheer number of doctors and wellness specialists in New York is staggering, but these professionals have  
risen to the top of their fields.